

CHURCH IN REGINA

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*Go therefore and disciple
all the nations, baptizing them
into the name of the Father and
of the Son and of the Holy Spirit.
~ Matt.28:19*

The Lord's Day Being Different from the Sabbath Day

Everything in the Old Testament is a shadow of the coming good things (Heb. 10:1). Like all other types in the Old Testament, the Sabbath which God gave man has its spiritual significance. God created man on the sixth day and rested on the seventh day. As soon as man was created, he did not enter into work but into God's rest. God worked six days and then rested one day. But when man came, there were not six days followed by one day, but one day followed by six days. Man rested first and then worked. This is the principle of the gospel. **The Sabbath is a type of the gospel. Salvation comes first; work comes later.** First we have life; then we have the walk. Rest comes before the work and the walk. This is the gospel. God shows us that He has already prepared the rest of redemption. After we enter into it, we work. Thank God, we work because we first have rested.

The significance of the Sabbath is that man stops his work and enters into God's rest. For man to enter God's rest means that man does not do his own work but instead accepts God's work. Therefore, **it is a great sin to break the Sabbath. If you work when God asks you not to work, you have rejected God's rest...**

To man, breaking the Sabbath does not seem to be a great matter. But in God's truth, it is a great matter. Man should enjoy God's rest first and then work. He should receive the gospel first and then have the walk. Man should only do God's work after he has enjoyed God's rest. If he breaks the Sabbath, he is violating the divinely ordained principle. This is why the Sabbath occupies such an important place in the Old Testament. The Old Testament records the story of a person who collected firewood on the Sabbath. When this was discovered, the whole congregation took him outside the camp and stoned him to death. This person had broken God's Sabbath (Num. 15:32-36). **A man who does not rest is one who thinks that he can work and act by himself; he thinks that he does not need God's work. God, however, is satisfied with His work. Keeping the Sabbath means that man is also satisfied with God's work.** Keeping the Sabbath means that man rests in God's rest and accepts His work. This is why God commanded in the Old Testament that no work be done on the Sabbath. This is what the Old Testament shows us.

The Basis of the Lord's Day

In the Old Testament God chose one day out of seven, the seventh day, to be the Holy Sabbath. **In the New Testament the principle of choosing one day out of seven still continues.** Of course, the seventh day which was kept in the Old Testament is over. But the New Testament has its own day. The Sabbath day has not become the Lord's Day. In the Old Testament God chose the seventh day of the week. **In the New Testament He chose the first day of the week.** He did not call the seventh day the first day. He chose another day. This day is altogether different from the Sabbath day in the Old Testament...

...[O]ur Lord's Day is totally different from the Sabbath of the Old Testament. On the Old Testament Sabbath day, one could not do this or that; everything was negative. If a man broke the Sabbath, he would be put to death. This is a very heavy punishment. But we do not have this stigma today. God prophesied that He would choose another day in the New Testament age. God did not say what could or could not be done on that day. Rather, He told us what should be done. **God wants us to exult and rejoice on the day that He has made.** Therefore, the special characteristic of the Lord's Day is that there is only a positive charge; there are no negative commandments.

What We Should Do on the Lord's Day

First, Psalm 118:24 speaks of the attitude that all God's children should have on the first day of the week. **It is to exult and rejoice. Our Lord has risen from the dead.** This is the day that Jehovah has made, and we must exult and rejoice on this day. We must maintain this attitude... **Second**, Acts 20:7 says, "And on the first day of the week, when we gathered together to break bread..." One thing we must do on the first day of the week is **remember the Lord.** This is the day that the Lord has chosen. The first thing we should do on the first day of the week is go to the Lord... The breaking of bread signifies two things in the Bible: the remembrance of the Lord and the declaration of our fellowship with all the children of God. First, it is the declaration of our fellowship with God, our fellowship with the Lord, and second, it is the declaration of our fellowship with the Body, that is, our fellowship with the church. The bread represents the Lord as well as the church. The Lord's Day is the best day for us to have fellowship with the Lord. It is also the best day for us to have fellowship with all the children of God... **Third**, 1 Corinthians 16:1-2 says, "Now concerning the collection for the saints, just as I directed the churches of Galatia, so you also do. On the first day of the week each one of you should lay aside in store to himself whatever he may have prospered, that no collections be made when I come." Here we see the third thing to do on the first day of the week... [Every one should **offer to the Lord** according to his income. This is a good practice... On the one hand, we remember how the Lord gave Himself for us, and on the other hand, we also have to give to the Lord on this day. The more a person receives from the Lord, the more he should give. A thanksgiving offering in the form of material goods should be included in the thanksgiving and praise which we offer to Him (Heb. 13:16). This is well pleasing to God (Excerpts from Messages for Building Up New Believers (1), CWWN, vol. 48).

Church Announcements:

1. Prayer Mtg by Area – June 9
2. Family Day – June 13 at Echo Valley Provincial Park
3. Meeting Hall Pledge Reminders and Related Announcements

Conferences & Trainings

1. Chinese-Speaking Conference – Feb. 13-15 Anaheim CA USA
2. Spring ITERO – Mar. 20-22 Anaheim CA USA
3. Memorial Day Conference – May 22-25, Dallas TX USA
4. Summer Training – Jun. 29-Jul.4 Anaheim CA USA
5. Fall ITERO – Sept. 24-26 Amsterdam Netherlands
6. Thanksgiving Conference – Nov. 26-29 Denver CO USA
7. Winter Training – Dec. 21-26 Anaheim CA USA

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PRAYER BURDENS:

1. Lord, save us from toiling and from being burdened. You are our rest – our perfect peace and full satisfaction. Strengthen us to submit to the Father’s will, to take Your yoke and learn from You.
2. Lord, we care for the rest which is in You. Cause us to be simple and single instead of being religiously wise and intelligent. Open our eyes to see that everything in Your economy is not a heavy burden but an enjoyment.
3. Teach us to live by the divine principle of working with You and resting with You. We thank You for all the work that You have done that we might have rest. Keep us in the cycle of resting first, then working with You.
4. Enlighten us to keep the real Sabbath – to rest and be refreshed by You. Preserve us that we may also be those who refreshes You. May we come to enjoy You and know how to be one with You in Your divine work.
5. Fill us with enjoyment to be our strength to work and our energy to labour. Make us those who bear a sign that needs You to be our everything that we may be able to work with You, by You, and in oneness with You.
6. Lord, cause us to keep the Sabbath as an eternal covenant that would remind us to first enjoy You. Sanctify, separate us from anything common that Your building work be done through the inner rest in our spirit.

North America/Europe/Other Burdens

1. FTT-London Spring Term ends on June 14. Please pray that many more young people will be gained in Europe and will be trained to love the Lord, pursue the Lord, and be perfected in life and function to serve the Lord for His move in Europe.

Local Burdens:

1. Pray for the finalization of the purchase of the meeting hall - [1550 Park St](#), with a possession date of December 1, 2026. Please pray:
 - a. For all the saints to be blessed abundantly and be faithful to give their offerings and pledges of \$100,000 by November 15, 2026.
 - b. For the strong financial support of \$250,000 and persistent prayers from all the saints in the local churches of Canada.
2. Pray for the College students - that we would maintain our contact with them throughout the summer through one-on-one appointments, and they would be consistent in coming to the home meetings.
3. Pray for positive and immediate approval of the immigration papers of Liu/Qu, Aguador, Alforte and Gonzales families.
4. Pray for Sisters Maria Heibert and Malou Ballao’s safe childbirth. Pray that both babies are strong and healthy and grow up to be consecrated, vessels of honour unto You.

WEEKLY SCHEDULE OF MEETINGS:

- ✓ Lord’s Table & Propheying—Lord’s Day 10:00-12:00PM
- ✓ Prayer Meeting—Tuesdays 7:00-8:00PM
- ✓ Chinese-Speaking Bible Reading—Mondays 7:15-8:15PM
- ✓ College Meetings—Fridays 6:30-8:30PM
- ✓ YP Meetings—Sundays 4:00-5:30 PM
- ✓ Children’s Meeting—Saturdays 10:00-11:00AM
- ✓ Small Group Meetings—Fridays/Saturdays 7:00-8:30PM